

Milkdrop

Hospital Bag Checklist

For Mum

- Birth Plan
- Robe
- Slipper
- Socks
- Nursing bra
- Going Home Outfit
- Snacks
- Loose Pyjamas
- Sanitary Pads
- Hair Ties/Clips
- Hairbrush
- Lip Balm
- Underwear
- Nipple Cream
- Pillow
- Medication
- Peri Bottle
- Towel

Toiletries

- Toothbrush
- Mouthwash
- Conditioner
- Moisturiser
- Toothpaste
- Shampoo
- Deoderant
- Facewash

Other

- Book
- Phone Charger
- Camera
- Medication

For Baby

- Body Suits
- Sleep Suits
- Mittens
- Hat/Headband
- Socks
- Swaddle
- Burp Cloth
- Vests
- Nappies
- Baby Wipes
- Going Home Outfit
- Car Seat
- Dummy
- Cotton Wool

For Partner

- Comfy Clothes
- Pyjamas
- Slippers
- Snacks
- Blanket
- Pillow
- Cash
- Socks

Labour Assists

- Labour Comb
- Handheld Fan
- Essential Oils
- TENS Machine
- Speaker
- Headphones
- Diffuser
- Water Bottle